



KEY FEATURES

- Effective on Myopia up to -6.00 Diopters
- Treats up to 1.75 Diopters of astigmatism
- Reverse curve shaping and recovery zones work together to provide desired corneal molding.
- Alignment Curve Stabilization provides a stable and comfortable alignment fit across the mid-peripheral cornea while providing adequate tear exchange.



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**Myopia Management
Made Easy!**

FITTING GUIDE



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MANAGE MYOPIA THE EASY WAY!

Metro-K is a custom designed overnight orthokeratology lens that utilizes an empiric fitting approach to treat high amounts of myopia and astigmatism, producing highly successful outcomes quickly and easily.



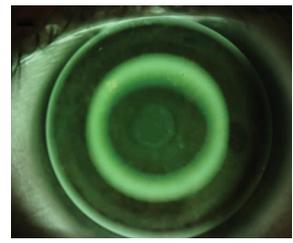
ORDER LENS EMPIRICALLY

No need to invest in expensive fitting sets or training courses! Order your patients initial lens empirically by sending Metro Optics the following information:

- Reliable corneal topography
- Reliable manifest refraction

DISPENSE VISIT

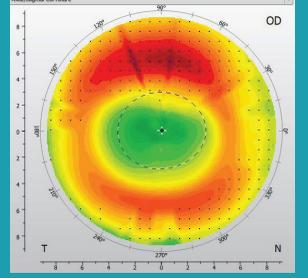
- Place Metro-K on patient's eye
- Instill a small amount of fluorescein
- Observe lens for centration and fit
- Once the lens is determined a good fit, instruct the patient to wear the lens overnight and return for follow-up immediately in the morning.



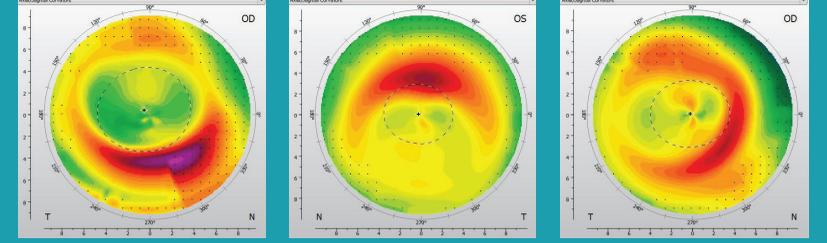
Ideal fitting Metro K lens

NEXT DAY FOLLOW-UP

- Re-evaluate lens fit with fluorescein to look for any decentration.
- If fluorescein pattern is ideal, then remove the lens and perform corneal topography to verify corneal flattening is happening in the desired place of the eye.
- If decentration is noted, call Metro Optics consultation.



Ideal central flattening



Superior decentration Inferior decentration Temporal decentration

RECOMMENDED FOLLOW-UP SCHEDULE

Proper follow-up is key in the management of your myopia patient. To ensure the best outcome with the Metro K lens, we suggest seeing the patient at the following intervals:

- One week after initial dispense
- One month after the 1-week follow-up
- Three months after the 1-month follow-up
- Every 6 months thereafter if the lens is fitting well

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